

2009 NATURAL STAR &

FIGURE

DATE: October 10, 2009

LOCATION: University of Michigan Theatre Flint 303 East Kearsley

ENTRY FEE: \$65.00 (Must be postmarked by (October 1, 2009)

LATE ENTRY FEE: \$85.00 (Crossover fee \$20.00)

ELEGIBILITY: Open to any competitor that have not at any time within the past 60 months preceding this event engaged in the personal use of Anabolic Steroids or any other oriented drugs in any form or matter whatsoever.

DIVISIONS: Novice One Men, Novice One Women, Novice One Figure, Open Men, Open Women, Master Men 50 and, Over Master Women 50 and Over, Master Figure 50 and Over, Teenage.

INFORMATION: All competitors competing in the novice one class must not have ever competed in a bodybuilding or figure competition in the past. Competitors will be divided by height based on the number of entry's. Posing routines are to be no more than 90 seconds long in both the pre judging and the evening show. **No music with racial or profanity words will be allowed. Only posing attire is allowed to be worn on stage. Props that are attached to the body will be allowed at the evening show.**

E.P.F.N.B CARDS: All competitors must be in good standings with Executive Productions and must have an Executive Productions card in order to compete in this competition. Membership cards will be sold at the contest site for \$40.00. Applications can be attained by logging onto epfnb.org.

DRUG TESTING: Drug testing will take place between 10:30am and 11:30am at the University of Michigan Theatre.

Competitors Meetings: 12:30pm and 6:30pm

Ticket Price: \$10.00 Prejudging, Evening Show \$20.00

Trainers Pass: There will be a trainers pass sold for \$15.00 that will permit your trainer to come back stage with you at both the prejudging and evening show. Only one pass per competitor can be purchased and must be purchased along with the entry fee with a separate check or money order.

Contact Information: For information contact Dave Cammon at 810-287-6271 or Deniesha Coulter at 810-232-9622 or e-mail dgcammon@earthlink.net or log on to epfnb.org. Make all checks or money orders payable to the Flint YMCA Weightlifting Club and mail to Dave Cammon YMCA Of Greater Flint 411 East Third Street Flint, MI 48503.

NATURAL STAR ENTRY FORM

Please Enter Me In The Novice One Men ___ Novice One Women ___

Novice One Figure ___ Open Men ___ Open Women ___ Master Men 50 and Over ___

Master Women 50 and Over ___ Master Figure 50 and Over ___ Teenage ___

Name _____ Address _____

City _____ State ___ Zip _____ D.O. B _____ Age _____

Weight _____ Height _____ I train at _____

I go to school at _____ I work at _____

As a _____ Hobbies are _____

Past titles are _____

PEOPLE I WOULD LIKE TO THANK

1. _____ FOR _____

2. _____ FOR _____

3. _____ FOR _____

In consideration of accepting this entry, I undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, assume all responsibility for injuries I may incur as a direct or indirect result of my participation in this event and waive and release any and all rights and claims for loses and damages I may have against Executive Productions University of Michigan Flint, participating sponsors, their directors, employees, and or agents for any and all injuries suffered by me in this event. I further attest that I am physically fit and have trained sufficiently for this event and have not at any time during the preceding sixty (60) calendar months engaged in the personal use of anabolic steroids or other growth oriented drugs in any form or manner whatsoever. I further agree to abide by the decisions of the contest director and declare that all of the information contained herein is, to the best of my knowledge, is true, correct, and complete. And I hereby grant full permission to any and all of the foregoing to use any, videotapes, motion pictures, recordings, or other record of this event for any purpose whatsoever.

CONTESTANT SIGNATURE _____ DATE _____

PARENT SIGNATURE IF UNDER 18 _____

E-MAIL ADDRESS _____